RELEASE OF LIABILITY, WAIVER OF RIGHT TO SUE, ASSUMPTION OF RISK
AND AGREEMENT TO PAY CLAIMS

Activity: __________________________________________________________________

Activity Date(s) and Time(s): __________________________________________________________________

Activity Location/Facility: __________________________________________________________________

Hazards to be aware of: _______________________________________________________________________

Hazard mitigation (how to prepare for a safe activity): _____________________________________________

In consideration for being allowed to participate in this Activity, on behalf of myself and my
next of kin, heirs and representatives, I release from all liability and promise not to sue the
State of California, the Trustees of the California State University, California State University,
Sacramento and their employees, officers, directors, volunteers and agents (collectively
“University”) from any and all claims, including claims of the University’s negligence,
resulting in any physical or psychological injury (including paralysis or death), illness, damages,
or economic or emotional loss that I may suffer because of my participation in this Activity,
including travel to, from and during the Activity.

I am voluntarily participating in this Activity. I am aware of the risks associated with traveling
to/from and participating in this Activity, which include but are not limited to physical or
psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability
(including paralysis), economic or emotional loss, and/or death. I understand that these injuries
or outcomes may arise from my own or other’s actions, inaction, or negligence; conditions
related to travel; or the condition of the Activity locations(s). Nonetheless, I assume all related
risks, both known or unknown to me, of my participation in this Activity, including travel
to and from the Activity.

I agree to hold the University harmless from any and all claims, including attorney’s fees or
damage to my personal property that may occur as a result of my participation in this Activity,
including travel to, from and during the Activity. If the University incurs any of these types of
expenses, I agree to reimburse the University. If I need medical treatment, I will be financially
responsible for any costs incurred as a result of such treatment. I am aware and understand that I
should carry my own health insurance.

I am 18 years or older. I understand the legal consequences of signing this document,
including (a) releasing the University from all liability, (b) promising not to sue the
University, and (c) assuming all risks of participating in this Activity, including travel to,
from and during the Activity.

I understand that this document is written to be as broad and inclusive as legally permitted by the
State of California. I agree that if any portion is held invalid or unenforceable, I will continue to
be bound by the remaining terms.

I have read this document, and I am signing it freely. No other representations concerning the
legal effect of this document have been made to me.

Participant Name: __________________________________________ Date: ________________

Signature: ____________________________________________________________________________
If Participant is under 18 years of age:
I am the parent or legal guardian of the Participant. I understand the legal consequences of signing this document, including (a) releasing the University from all liability on my and the Participant’s behalf, (b) promising not to sue on my and the Participant’s behalf, (c) and assuming all risks of the Participant’s participation in this Activity, including travel to, from and during the Activity. I allow Participant to participate in this Activity. I understand that I am responsible for the obligations and acts of Participant as described in this document. I agree to be bound by the terms of this document.

I have read this two-page document, and I am signing it freely. No other representations concerning the legal effect of this document have been made to me.

____________________________________________   ________________
Signature of Minor Participant’s Parent/Guardian    Date

____________________________________________
Minor Participant’s Name